



Daisies/Brownies Sun Safety Patch Requirements

-----PREVIEW LESSON PLAN -----

Directions:

1. Read the sun safety article on page 2 (or have an adult read them to you).
2. Complete the sun safety quiz.
3. Select one of the activities to complete. These activities may be completed by the individual Girl Scout(s) or as a troop.
4. Once you have completed steps 1-3, reflect on what you learned:

Daisies-Brownies Sun Safety Article

Everyone loves to be outside with friends. In the summer, it's fun to play outside and to go swimming or ride a bike. Sometimes if you're outside in the sun too long, you can get a sunburn. Have you ever had a sunburn? They can hurt, and anyone can get a sunburn! Not only can they cause you pain for several days, but they also can hurt your skin forever. Sometimes sunburns can cause skin cancer as you get older. No one wants to get skin cancer.

FULL ARTICLE AVAILABLE WITH CURRICULUM!

Quiz for Daisies/Brownies

True or False?	
_____	1. Wearing hats can protect you from the sun's rays.
_____	2. You can't get sunburns if you are swimming in the water.

MORE QUESTIONS IN FULL CURRICULUM!

Activities (Please select one of the following)

These activities may be completed by the individual Girl Scout(s) or as a troop.

Choice #1: Are you a visual artist? Take a series of photographs, design a graphic or a poster, or film a short video that will help increase awareness of sun safety and skin cancer prevention.

MORE CHOICES AVAILABLE WITH FULL CURRICULUM!